

Free Things to Do in West Hartford



In addition to offering a wide range of recreational programs and activities through its award-winning recreational facilities, Leisure Services encourages residents of all ages to participate in the many fun, free, healthy-lifestyle activities available in town. Here are just a few things to do this fall and/or winter:

- Walk the Trout Brook Trail
- Build a snowman
- Attend a high school sporting event
- Watch a Youth Sports competition
- Play Frisbee in a town park
- Visit the animals in the Westmoor Park Barn
- Go sledding
- Run the tracks at the high schools
- Walk or jog through Fairview Cemetery
- Cross country ski at MDC
- Participate in the free customer appreciation skate at Veterans Memorial Rink
- Walk the trails at Swamp Bush Park
- Bike at the MDC Reservoirs
- Bird watch at MDC & town parks
- Volunteer for anything
- Walk your dog (or someone else's)
- Play catch with a child or friend
- Climb on a playscape at the town parks
- Cheer for a youth hockey team at Veterans Memorial Skating Rink
- Stroll around the Center
- Take a bike ride
- Walk to the Veterans Memorial in the Center
- Play at Jonathan's Dream Playground
- Plan/Attend a block party
- Play in the snow
- Putt and chip at Buena Vista Putting Green
- Play kickball
- Walk through the Old North Cemetery
- Cross country ski at Westmoor Park
- Climb a tree
- Start a compost pile
- Visit the West Hartford Art League Gallery
- Help out at Elmwood Senior Center or West Hartford Senior Center
- Snowshoe or cross country ski the winter trails at Rockledge
- Visit Scott the Cow at Elmwood Community Center
- Rollerblade to work
- Observe the winter wildlife at Westmoor Park